

2024 MYLA POCKET RULES

The MYLA Pocket division is designed for players 5-6 years old whose birthday falls between 9/1/2017-8/31/2018. This division will follow the current Tyker rules with the following specifications and exceptions. All coaching & game strategies must emphasize learning and good sportsmanship.

1. 8 v 8 with substitutions on the fly or dead ball.
2. Standard Tyker field or cross field of a regulation size field.
3. Sticks are limited to 36"-42" in length.
4. 10 minute quarters with 2 time outs per half. No overtime.
5. One pass rule after ball is advanced beyond the midfield line. Any legitimate attempt at a pass satisfies this requirement. Any loss of possession will reset the pass rule.
6. 4 goal rule applies.
7. Only poke checks and controlled slap checks allowed. No one handed checks.
8. No player may initiate contact with his head - no intentional contact to opponent's head.
9. No body checking allowed, only incidental body contact with the ball carrier is permissible.
10. Personal fouls will follow the Tyker fast break rule: All middies (5) except ball carrier are held at midfield. Player with ball is positioned 5 to 8 yards into offensive area. Attack and defensive players position themselves as they wish but always allowing the player with ball 5 yards on restart. All players are "live" with whistle
11. Parents and fans must remain on the sideline opposite the player's bench. No parents permitted on the end line.
12. 1 coach from each team allowed on the field during play but **permitted only on the bench side**.
13. No time-serving penalties but offending player must come off the field and then come back in after the "fast break", substituted by another player while out. This is intended to provide an opportunity to "coach" the player. This may not be enforced if they do not have enough players for the offending player to come off the field.